KOACH ALLSTARS COMPETITIVE TEAMS

TRYOUT INFORMATION 2016-2017

When are tryouts? – **Saturday April 23rd, 2016**

Register at http://www.koachallstars.com/create-new-account--parent-log-in.html

----LOG IN – Click Koach Allstars Tryouts – Sign up for your athletes' appropriate **age** as of **AUGUST 31st 2016**----

What to Expect:

---- Must have Iclass Pro system registered

----- Cost through the iclass pro system - $15

----- Athlete Tryout Information Sheet must be filled out

----- Small group tryouts with 5 or less at a time

What Skills will I need to demonstrate:

----- No experience necessary – All athletes will make a team

----- Skills that will be observed will be USASF Cheer Elements

----- Tumbling, Jumps, Flexibility, Body Control, Maturity, etc.

KOACH ALLSTARS COMPETITIVE TEAMS

SEASON INFORMATION

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NO CHECKS WILL BE ACCEPTED

Practices – Each team will have either 1 -2 practices per week. Times and Days will be assigned to your athlete after tryouts.

Tumbling – All members will be able to add a tumbling class for a discounted price of $25.00. **<u>Level 3 and higher teams will be required to add ONE additional tumbling class as we must be competitive in our tumbling throughout the higher levels.</u>**

Absences – We try our best to work with families, however this is a team sport and it will be required that you are at all practices. Excused absences must be approved by staff well in advanced.

KOACH ALLSTARS

ATHLETE TRYOUT SHEET

Place Photo Here

ATHLETE NAME_____

DOB _____ Age _____

(As of August 31, 2016)

Years of Allstar Cheer _____

List where and levels _____

What age division would you like to be on: (Circle best option)

Tiny 3-6yrs old Mini 8 & Under Youth 11 & Under Junior 14 & Under Senior 10-18

What Level would you like to be on: (Circle most realistic option)

Level 1 Level 2 Level 3 Level 4 Level 5 Level 6(Adult Level)

Would you like to be considered to be a crossover ? Yes or No

Please Check All Skills that you are able to **demonstrate today** consistently.

TUMBLING :

- Level 1 ---Front walkover __ Back walkover __ B. Ext Roll__ Cartwheel__ Round off__
- Level 2 ---BHS__ Rd BHS__ Rd Multiples__ Specialty__ BHS BWO BHS__
- Level 3---Multiple BHS__ Rd BHS Tuck__ Front Punch___ Standing Specialty___ Running Specialty__ Ariels__ Jumps to 3 BHS___
- Level 4 -- Standing Tuck__Rd BHS Layout__ Front Punch S/o through to layout__ Standing BHS BHS L BHS BHS L__Whips through to layout__ Jumps to BHS T___
- Level 5 – Please list all level 5 skills _____

STUNTS : List----- F- Flyer, B- Base, BK- Back Spot

- Prep Cradle_____ Prep lib Craddle_____ Extension Craddle____ Extension Twist____ Ext. Lib Twist____ Ext. Double____ Toss____ Full Toss____DoubleToss___

KOACH ALLSTARS
STAFF TRYOUT SHEET ONLY

Name _____

Level _____ Age Division_____

Jump level 1/3/5 to skill_____

Low__ Okay__ Middle__ High__ Hyper__

Complete Level Tumbler_____

Partial Level Tumbler_____

Missing Tumbling Skill_____

Body Control Motions_____

_____

Flexibility : Poor Okay Good Great

Heel Stretch__ Bow__ Arabesque__ Scale__ Scorp__

Tick tock body positions : Both legs: _____

Stunt Experience/ Position _____

Overall Impression _____

(Attitude, coachable, work ethic, teamwork, attendance, etc)

KOACH ALLSTARS SCHEDULE
COMPETITIVE TEAM

CHEER

May
Team announcements 6th
Practice Starts 9th

June
Choreography 8-11th

July
CLOSED 1-4th
Choreography Dance 6-9th
Summer Fest Parade 9th

August
Closed 15-20
State Fair

CHEER

September
Choreography Clean up 28th - Oct 1st

October

November
Competition Season Starts!

December
Closed for Christmas Break 23rd-January 1st

CHEER

January
Competitions

February
Competitions

March
Plan for National Travel

April
Plan for Summit Travel

Competition Schedule :::

- Teams schedules will not be made available until after tryouts as teams may not all attend the same events. Example. We may take our younger ages to more local events, yet some levels need more attention on Bid events.
- Please prepare for a traveling nationals in March-May. Travel may be Florida for some teams.
- All Summit bids will be accepted. UCA Disney bids will be accepted. Smaller Optional Bids may result in a parent meeting.

THIS IS USUALLY AROUND OR NEAR SPRING BREAK AND OR PROM. BE AWARE FOR PLANS>

KOACH
ALLSTARS

Projected Payment Schedule

(Subject to Change)

May 9th – Start Date

1st Months Tuition $70-$85

Gym Registration and Insurance $150

Uniform $275 + tax and shipping

Body Suite $50 (not applied for senior age)

May 23rd –

Practice wear $125

Tuition $70-85

Shoes - $45-$95

Competition Fees each $50-150

June 1st--

Tuition $70-$85

Tuition $70-85

Choreography $250

Competition Fee each $50-150

Warm up

July 1st

Tuition $70-85

Choreography each $50-150

Dance/ Music $100

UCA Disney Nationals

August 1st

Tuition $70-85

Tuition $70-85

USASF Membership $35

Summit Bid Events

Bow $25

September 1st

Tuition $70-85

Choreography Clean up $100

December 1st

Tuition $70-85

January 1st

February 1st

March 1st

Tuition $70-85

Competition Fee

Potential

April 1st

Potential

Year end banquet

YEAR 4

AND READY FOR

MORE

KOACH ALLSTARS
REC CHEER INFORMATION SHEET

Tryouts August 28th 1pm

(If you want to be involved during summer months check out our cheer basics class and or a tumbling class. Starting in May)

Rec Cheer will practice 1-2 times per week varying on age and level or team. Schedule will be created after tryouts.

Rec Cheer Cost/ Schedule:

Sept 5th – Start Date
Rec Cheer classes will begin
Registration $60
Monthly Tuition $40-60 (varying on teams)
Practice Clothes $60-80 (varying on teams)

October 1st
Monthly Tuition $40-60
Cheer Shoes $45-95 (or you may buy your own)
Choreography Date 16th $100

November 1st
Monthly tuition $40-60
Uniform / bow $100

December 1st
Monthly Tuition $40-60
USASF Membership $35

January 1st
Monthly Tuition $40-60
Competition fee apx $50-$100

February 1st
Monthly Tuition $40-60
Competition fee apx $50-$100

March 1st
Monthly Tuition $40-60
Competition fee apx $50-$100

April 1st
Monthly Tuition $40-60
Year end Banquet.

KOACH ALLSTARS REC CHEER TEAMS

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KOACH ALLSTARS
TUMBLING/ SPECIAL CLASSES
INFORMATION SHEET

All Athletes Registration Fee	$60/ yearly
Tumbling Classes	$50/ monthly
Add on and extra tumbling class	*$25 monthly*
Stunt Class	*$40 monthly*
Drop in Stunt Class	*$10 each*
Open Gym	*$5 members*
	$10 Public
Private Lesson	
(May have up to 3 athletes)	
30 mins	*$30 each*
60 mins	*$60 each*
Birthday Parties 2 ½ hours	*$150*
Deposit	*$25*
Gym Rental	*$60 per hour*

KOACH ALLSTARS

TUMBLING/ SPECIAL CLASSES INFORMAITON SHEET

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Practices – Tumbling classes are offered year round. You must sign up and drop classes online through the parent portal. Classes are 1 hour once a week. We strive to have a ratio of 8 kids per staff.

Tumbling – All members will be able to add a tumbling class for a discounted price of $25.00.

Absences – If you miss a tumbling class there is no action taken.However we do not provide make up classes. We have open gym times available if you missed and would like to get in the gym. $5 for member